



PSS TUCKSHOP

MENU

SANDWICHES

VEGEMITE, JAM OR HONEY	\$2.00
CHEESE	\$2.50
CHEESE AND VEGEMITE	\$2.50
LF CHEESE (LACTOSE FREE	\$3.50
CHEESE)	
HAM OR CHICKEN	\$3.50
HAM OR CHICKEN WITH CHEESE	\$4.00
EGG	\$4.00
EGG AND LETTUCE	\$4.30
HAM, CHICKEN OR EGG/SALAD	\$5.00
SANDWICH	
SALAD WRAP	\$4.50
HAM, CHICKEN OR EGG/SALAD	\$6.00
WRAP	
CHICKEN TENDER WRAP (GF	\$6.00
AVAILABLE)	

EXTRAS

GLUTEN FREE BREAD/WRAP	\$1.50
TOASTING	\$0.50
CHEESE	\$0.60
TOMATO OR BBQ SAUCE	\$0.40
(SQUEEZE PK)	

SPECIAL OFFERS

GRAZING BOX	\$6.00
(Ham, Cheese, Crackers, Vegie Sticks, Cherry Tomatoes & Dried/Fruit)	
Salad Box	
(Lettuce, Tomato, Cucumber, Carrot, Cheese & Mayo)	\$6.00
Zucchini Slice & Salad	
(Vegetarian)	\$6.00

SNACKS & PACKS

CHOC MUFFIN (HOMEMADE)	\$2.00
GF COOKIES (2)	\$2.00
BANANA BREAD	\$2.00
(HOMEMADE)	
GF BANANA BREAD	\$2.00
(HOMEMADE)	
GINGERBREAD STUDENT	\$2.20
GF GINGERBREAD STUDENT	\$2.70
YOGHURT POUCH	\$1.50
CUSTARD CUP	\$2.00
JELLY CUP	\$2.00
CHEESE AND CRACKERS	\$3.00
BOILED EGG	\$1.20
POPCORN (GF)	\$1.00
SULTANAS & APRICOTS	\$1.50
PIECE OF FRUIT	\$1.50
WATERMELON CUP	\$3.00
FRESH FRUIT CUP	\$3.00

FROZEN TREAT

PINEAPPLE RING	\$0.50
ZOOPER DOOPERS	\$0.50
DIXIE TUB (VANILLA, CHOC, STRAW)	\$1.50
LEMON SORBET TUB	\$1.50
POPZ ICY SOUR (GRAPE)	\$2.00
SWING ICY (COLA, LEMONADE, RASPBERRY)	\$2.00
FROZEN YOGHURT (GF)	\$2.50
(STRAWBERRY)	



HOT FOODS

LASAGNA	\$6.00
SPAGHETTI BOLOGNAISE (HOMEMADE)	\$5.00
MAC & CHEESE (HOMEMADE)	\$5.00
CHEESEBURGER WITH SAUCE	\$5.50
CHICKEN BURGER (WITH LETTUCE & MAYO)	\$5.50
HOT DOG WITH SAUCE (CHEESE OPTIONAL)	\$4.50
SAUSAGE ROLL	\$3.50
PARTY PIES (2)	\$3.00
CHICKEN CHIPPEES (6)	\$4.00
DINO CHICKEN NUGGETS (4)	\$3.50
PIZZA (FLAVOURS AVAIL. ON FLEXISCHOOLS)	\$4.50
GF CHICKEN TENDER GF WRAP (LETTUCE & GF MAYO)	\$6.50
GF SPAGHETTI BOLOGNAISE	\$5.00
GF CHICKEN TENDERS (2)	\$4.50
GF SAUSAGE ROLL	\$4.50

WEEKLY MEAL DEALS

MONDAY

CHERRIOS (5), JELLY/FRUIT CUP, POPCORN & POPPER	\$8.00
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TUESDAY

NACHOS, PIECE OF FRUIT & POPPER	\$8.00
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WEDNESDAY

FISH & CHIP, SALAD & POPPER	\$8.00
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THURSDAY

'POP UP SPECIAL'(ON FLEXISCHOOLS MENU	\$8.00
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DRINKS

Water	\$2.00
Juices (Tropical or Apple)	\$2.00
Plain Milk	\$2.00
BRekka Milk 300ml (Choc. or Strawberry)	\$3.00

TEACHER'S MENU

GRAZING BOX (EXTRAS INC. DIP & SWEET TREAT)	\$8.00
CHICKEN PESTO TURKISH BREAD TOASTIE	\$8.00
BEEF OR CHICKEN SALAD BURGER	\$6.00
CHICKEN TENDER WRAP	\$6.00
HAM, CHEESE & PINEAPPLE TOASTIE	\$4.50
CURRIED EGG SANDWICH	\$4.50
HAM, CHICKEN OR EGG/SALAD TUB	\$7.50
FRUIT SALAD TUB	\$5.00
CHIPS (ASSORTED)	\$2.50
CAN DRINKS	\$2.00

CLASS CELEBRATIONS

7 DAYS NOTICE REQUIRED. ORDER
VIA FLEXISCHOOLS OR EMAIL

PANDC@PARKHURSTSS.EQ.EDU.AU

ZOOPER DOPPER BUCKET

JELLY CUPS, SNAKES ALIVE

JELLY CUPS, CHOC FROGS IN POND

ORDERING



- Flexischools IS THE PREFERRED
ORDERING AND
PAYMENT METHOD

- FLEXISCHOOLS ORDERS CLOSE AT
8:30AM ON THE
DAY OF ORDERING

TUCKSHOP OPENS FIRST BREAK MONDAY
TO FRIDAY

ALLERGIES AND INTOLERANCES

PLEASE ADVISE THE TUCKSHOP OF ANY
ALLERGIES
OR INTOLERANCES YOUR CHILD[REN] MAY
HAVE.

WE WILL DO OUR BEST TO PROVIDE
SUITABLE
SUBSTITUTIONS FOR THEM.

*PRICE INCREASES ARE UNAVOIDABLE DUE TO THE
INCREASE COST FROM OUR SUPPLIERS AND MAY
OCCUR WITHOUT NOTICE.